## ct La Carte Menu

- Eggs Any Style

Two Farm Fresh Eggs Prepared Any Way You Like

- Deli Sandwich

Turkey or Ham with Cheese, Lettuce,
Tomato \& Mayo Choice of Bread - Served with Potato Chips

- Chefs Salad

Turkey, Ham, Cheese \& Hard Boiled Egg -
Choice of Dressing

- Cottage Cheese \& Fruit Plate Low Fat Cottage Cheese \& Assorted Seasonal Fruit
- Grilled Fish*

A light white fish grilled to perfection

- Grilled Chicken Breast*

Simply Grilled
*Served with sides of the day per request

- Cheeseburger or Hamburger** With Lettuce, Tomato \& Mayo
- Grilled Cheese**

Simple and Delicious Choice of Bread
** Served with Fries
Sweeter Side

- Assorted Ice Creams and Cookies
- Assorted Sugar-Free Ice Creams

SENIOR LIVING

